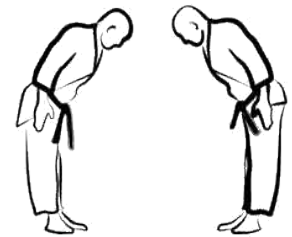
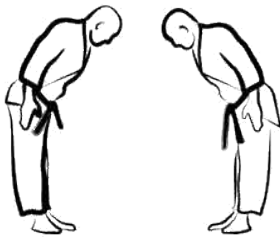




SHITO-RYU SHUKOKAI UNION UK



SSU NATIONAL KARATE CHAMPIONSHIPS

At the George Carnall Leisure Centre

Kingsway Park, Manchester M41 7FJ

SUNDAY

22nd MARCH 2015

Doors open 9am, Competition start 9:30am

Closing date for entries: 8th March 2015

Individual's Entry Fee: £10 one event, £18 two events

Team Entry Fee: Kata: £15, Kumite: £20

Shobu Ippon Entry Fee £10

Spectators: £5 adults 16yrs + £2 under 16yrs

Please send all competition entry forms to:

Mark Outterside, 2 Nelson Road, Ilkley, W Yorks. LS29 8HN

Mobile: 07590 424980, email: mark@ilkleykarate.co.uk

SSU NATIONAL KARATE CHAMPIONSHIPS



KATA AND TEAM KATA CATEGORIES

Cat. No	KATA	Gender	Age	Grade
KA1	JUNIOR PAIRS	MIXED	UNDER 16YRS	OPEN GRADE
KA2	SENIOR TEAM	MIXED	16YRS & ABOVE	OPEN GRADE
KA3	CADETS	MIXED	9 YRS & UNDER	8 TH - 7 TH Kyu
KA4	CADETS	MIXED	9 YRS & UNDER	6 TH - 4 TH Kyu
KA5	CADETS	MIXED	9 YRS & UNDER	3 RD Kyu & ABOVE
KA6	JUNIORS	BOYS	10-12 YRS	8 TH - 7 TH Kyu
KA7	JUNIORS	BOYS	10-12 YRS	6 TH - 4 TH Kyu
KA8	JUNIORS	BOYS	10-12 YRS	3 RD Kyu & ABOVE
KA9	JUNIORS	GIRLS	10-12 YRS	8 TH - 7 TH Kyu
KA10	JUNIORS	GIRLS	10-12 YRS	6 TH - 4 TH Kyu
KA11	JUNIORS	GIRLS	10-12 YRS	3 RD Kyu & ABOVE
KA12	JUNIORS	BOYS	13-15 YRS	8 TH - 7 TH Kyu
KA13	JUNIORS	BOYS	13-15 YRS	6 TH - 4 TH Kyu
KA14	JUNIORS	BOYS	13-15 YRS	3 RD Kyu & ABOVE
KA15	JUNIORS	GIRLS	13-15 YRS	8 TH - 7 TH Kyu
KA16	JUNIORS	GIRLS	13-15 YRS	6 TH - 4 TH Kyu
KA17	JUNIORS	GIRLS	13-15 YRS	3 RD Kyu & ABOVE
KA18	SENIOR	MALE	16YRS & ABOVE	8 TH - 4 TH Kyu
KA19	SENIOR	MALE	16YRS & ABOVE	3 RD KYU & ABOVE
KA20	SENIOR	FEMALE	16YRS & ABOVE	8 TH - 4 TH Kyu
KA21	SENIOR	FEMALE	16YRS & ABOVE	3 RD KYU & ABOVE



KUMITE AND TEAM KUMITE CATEGORIES

Cat. No	KUMITE	Gender	Age / Weight	Grade
KU1	CADETS	MIXED	9yrs and under	8 TH - 4 TH Kyu
KU2	CADETS	MIXED	9yrs and under	3 RD & ABOVE
KU3	CADETS	BOYS	10-12 YRS	8 TH - 4 TH Kyu
KU4	CADETS	BOYS	10-12 YRS	3 RD & ABOVE
KU5	CADETS	GIRLS	10-12 YRS	8 TH - 4 TH Kyu
KU6	CADETS	GIRLS	10-12 YRS	3 RD & ABOVE
KU7	CADETS	BOYS	13-15 YRS	8 TH - 4 TH Kyu
KU8	CADETS	BOYS	13-15 YRS	3 RD & ABOVE
KU9	CADETS	GIRLS	13-15 YRS	8 TH - 4 TH Kyu
KU10	CADETS	GIRLS	13-15 YRS	3 RD & ABOVE
KU11	JUNIORS	BOYS	16-17yrs OPEN WEIGHT	8 TH - 4 TH Kyu
KU12	JUNIORS	BOYS	16-17yrs OPEN WEIGHT	3 rd Kyu & above
KU13	JUNIORS	GIRLS	16-17yrs OPEN WEIGHT	8 TH - 4 TH Kyu
KU14	JUNIORS	GIRLS	16-17yrs OPEN WEIGHT	3 rd Kyu & above
KU15	SENIOR	FEMALE	OPEN WEIGHT	8 TH - 4 TH Kyu
KU16	SENIOR	FEMALE	OPEN WEIGHT	3 RD - 1 ST Kyu
KU17	SENIOR	FEMALE	OPEN WEIGHT	DAN GRADES
KU18	SENIOR	MALE	OPEN WEIGHT	8 TH - 4 TH Kyu
KU19	SENIOR	MALE	UNDER 75Kg	3 RD - 1 ST Kyu
KU20	SENIOR	MALE	OVER 75Kg	3 RD - 1 ST Kyu
KU21	SENIOR	MALE	UNDER 75Kg	DAN GRADES
KU22	SENIOR	MALE	OVER 75Kg	DAN GRADES
KU23	SHOBU IPPON	FEMALE	16yrs+ OPEN WEIGHT	OPEN GRADE
KU24	SHOBU IPPON	MALE	16yrs+ OPEN WEIGHT	OPEN GRADE

note

The CADETS sections will be further split based on height, this will be done when all entries have been received.

Cat. No	TEAM KUMITE	Gender	Age	Grade
TKU1	CADETS	MIXED	9YRS & UNDER	OPEN GRADE
TKU2	CADETS	BOYS	10-12 YRS	OPEN GRADE
TKU3	CADETS	BOYS	13-15 YRS	OPEN GRADE
TKU4	CADETS	GIRLS	10-12 YRS	OPEN GRADE
TKU5	JUNIORS	GIRLS	13-15 YRS	OPEN GRADE
TKU6	JUNIORS	BOYS	13-15 YRS	OPEN GRADE
TKU7	SENIOR	FEMALE	16YRS & ABOVE	OPEN GRADE
TKU8	SENIOR	MALE	16YRS & ABOVE	OPEN GRADE

note

Each club must enter a team made up of its own members only. There can be no teams made up from members from other clubs as this would create unfairness, a disadvantage to other members clubs and would not be in the true spirit of karate.

Cadet and Junior teams will compete in height order e.g. tallest competes first down to smallest last.



INDIVIDUAL'S ENTRY FORM

Club Name:
Instructor:
Email:
Mobile:

Address:

NAME	GENDER	AGE	GRADE	HEIGHT/ WEIGHT	CATEGORY			FEE(£)
							TOTAL:	

Note. In the HEIGHT/WEIGHT column, put their height for under 16yrs and weight for 16yrs and above (kumite sections only)



RULES AND REGULATIONS

- All entries and fees must be received by 8th March
- All cheques payable to SSU UK
- All students must have a valid licence with them, there will be spot checks made on the day.
- Medics will be in attendance.
- Any category where insufficient entries are received, categories may be merged where possible and instructors informed before the competition. If a category is cancelled refunds will be given.
- As part of our child protection policy, anyone wishing to take photos or videos **MUST** complete an information form which can be obtained at the booking in desk.
- All competitors are responsible for bringing their own equipment as specified above, including red/blue belts.
- The Chief Referee decision is final, no protest is allowed with regards to the Chief Referee decision. Only club coaches may approach the bench to question a referee decision.
- Time Schedule, doors open at 9am, the competition will start at 9:30am. A full timetable will be sent out to all instructors when the entries have been received.

RULES OF KATA

Based on WKF competition rules with slight modifications authorised by the Chief Referee

- 8th – 7th Kyu ~ permitted kata's; Shio-Tsuki/Ju Ni No Kata, Pinan Nidan, Pinan Shodan, Pinan Sandan. The same kata can be repeated each round.
- 6th – 4th Kyu ~ any Pinan Kata first round, any kata from the SSU kata list in subsequent rounds. A kata may be repeated but not in consecutive rounds. E.g. each round must have a different kata to the previous round.
- 3rd Kyu and above ~ any kata from the SSU kata list, minimum of 3 different kata before a kata can be repeated.
- Pairs kata (under 16yrs) & Team kata (16yrs+ 3 per team) ~ minimum of two kata's, kata's cannot be repeated in consecutive rounds.
- Competitors must wear red (Aka) or Blue (Ao) belts.
- Competitors must have white gi
- All categories will continue right through to, and including, the final.
- Individual Kata events will be awarding 1st, 2nd and 3rd place.
- Team Kata events will be awarding 1st and 2nd place.

RULES OF KUMITE

Based on WKF competition rules with slight modifications authorised by the Chief Referee

- Cadet sections (under 16yrs) will be with NO face contact.
- Junior and Senior sections (16yrs +) will be with touch contact.
- All competitors take part in the competition at their own risk.
- All competitors must have a clean white Gi.
- All competitors **MUST** have Gum Shield, Mitts (red/blue).
- Groin Guards, Chest Protectors, Body Armour and shin & Instep Protectors, although not compulsory are ***strongly recommended***.
- Cadets sections will be matched on height.
- Kumite events will be awarding for 3rd, 2nd and 1st place.
- Heights and weight (where applicable) **MUST** be correct.
- Individual Kumite events will be awarding 1st, 2nd and 3rd place.
- Team Kumite will be awarding 1st and 2nd place.

IMPORTANT – PLEASE CONFIRM WITH YOUR STUDENTS

Competitors

All competitors take part in this competition at their own risk. All events are controlled by officials who expect high standards of behaviour, including the proper control of techniques. Injuries can occur and the organisers cannot accept responsibility for such injuries. It is the responsibility of the club instructors to make the risk of injury clear to competitors.

By entering this competition, competitors are accepting this risk – It your responsibility as an instructor to confirm that your students are aware of, and accept the above.

Instructors

By entering a student I this competition the instructor confirms that the student is fit and healthy and NOT suffering from any medical condition or injury that may affect their safe participation in the competition.